

Artist Statement – Seema Kohli

My work is a celebration of existence—an exploration of the cyclical nature of life, creation, and the cosmos. Drawing from mythology, philosophy, and personal introspection, I create visual narratives that move fluidly between the tangible and the metaphysical.

The feminine energy, or *Shakti*, is central to my practice. It represents both the source and the force of creation—an eternal rhythm that manifests in forms, symbols, and patterns across my works. Through intricate detailing, luminous surfaces, and layered compositions, I attempt to evoke a sense of timelessness, where past, present, and future coexist.

My visual language often weaves together mythological references with contemporary sensibilities, creating spaces that are at once intimate and expansive. Gold, vibrant colors, and repetitive motifs become meditative tools, inviting viewers into a contemplative journey—one that reflects on inner consciousness as much as universal truths.

Across mediums—painting, sculpture, installation, and performance—my practice remains rooted in storytelling. Each work unfolds like a living text, revealing new meanings with time and engagement.

Ultimately, my art is an offering—an invitation to pause, to reflect, and to experience the interconnectedness of all existence.

— Seema Kohli